Dr. Tina Maio - Curriculum Vitae

My Name is Dr.Tina Maio and I am a registered Osteopath in Australia with a background in Strength and Conditioning and Exercise Rehabilitation. I established a private practice in Coburg, Melbourne Australia in 2000, which consists of 9 Osteopaths, Masseurs, Acupuncturist, Naturopath, Exercise Physiology, Yoga and Pilates studio.

Over the last 15 years, i have been involved in the physical preparation of elite athletes and have developed a strong stable of players internationally across Golf, Triathlon, Cycling and Tennis. From assessment, treatment, restoring function and improving efficiency of movement, we work closely with Doctors, coaches and trainers to achieve the best outcome for our athletes.

The current stable of players in my care are on the US PGA Tour, Nationwide Tour, European Tour, One Asia Tour, Japanese Tour, Web.com and PGA of Australia. Currently I have 2 Olympic Athletes competing in Rio 2016 for Australia.

I am a member of the Sports Osteopath Committee in Australia, established by Osteopathy Australia and a member of Sports Medicine Australia.

I have undertaken the SDCA train the trainer course in Singapore 2014 and in Malaysia 2016. I enjoy lecturing and teaching for SDCA (Swiss Dolorclast Academy) on EMS Radial Shockwave therapy to allied health practitioners in Australia. It is part of my daily practice and I cannot speak highly enough of the positive impact it has had on my business. I have managed to

I have also completed the Functional movement training including FMS, SFMA level 1 and 2 and YBT. I feel my wholistic approach to clinical reasoning, assessment and diagnosis have contributed to my success in incorporating Shockwave into treatment daily to speed up the recovery of my patients.

I enjoy working with a cross section of people from all walks of life and the challenge that each of them bring into practice.

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Featured below with Marcus Fraser, Rio Olympic Athlete 2016
Winner Maybank Championship 2016